

SEXUAL ASSAULT

NO ONE THINKS IT WILL HAPPEN TO THEM...

Young adults, particularly young women, of college age are especially vulnerable to sexual assault. Date/acquaintance rape/sexual assault occur with alarming frequency in situations where the persons involved know each other. Freshmen women are particularly at risk *in the first semester of their college careers.*

WHAT MAKES PEOPLE MORE VULNERABLE TO SEXUAL ASSAULT?

Drinking or using other drugs impairs good judgment, including judgment about sexual behavior. Intoxication makes people vulnerable to being victims of, *and being accused of*, sexual assault. "Date rape" drugs such as Rohypnol, Ketamine, and GHB can be dropped unseen into a drink, making the victim unconscious for 8-24 hours with no memory of what happened during the blackout time, and can make drinking around others even more dangerous. Sexual assault is a tragedy and a trauma. *Don't let it happen to you!*

TIPS FOR KEEPING YOURSELF SAFE---

- Use a buddy system. Never go to a party or club alone. Look out for each other and agree never to leave without each other.
- Never leave your drink unattended. If you are involved in conversation, put your hand over your drink. Watch as your drink is being served. Do not let someone bring you a drink.
- If you feel dizzy or light-headed or suspect something is wrong, tell your friend or someone else you trust right away or call a cab to take you home immediately.
- Never accept a ride from someone you just met, no matter how nice they seem.
- Don't give out personal information to someone you just met.
- When out at night, try to have a friend along. Be aware of your surroundings. Avoid dark streets when walking.
- Never arrange to meet someone in a private place who you know only through internet contact. Take a friend and meet in a public place. Tell someone what you are doing and give them all the information you have. The internet has brought many people together, but it has also created many opportunities for sexual predators to victimize unsuspecting, trusting people.
- Always lock your car door as soon as you get in. Don't sit inside talking on your cell phone with the door unlocked.



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For more tips go to
www.ecampustours.com,
click "Staying Safe at College"